

[Click Here to Register](#): FCS Summer Camps 2023

May/June

Cheer Camp

For girls entering 1st—6th Grades

Campers will learn a variety of cheerleading basics which will be showcased in a performance on the last day of camp. Girls should come in practice clothes and athletic shoes with their hair up, no jewelry, and bring a snack and water. Includes a camp t-shirt.

Director: FCS Teacher and Cheer Coach, Crystal Randall

Dates: May 30—June 2

Hours: 9:00 am—12:00 pm

Location: Upper School Gym

Registration: \$140



Math Mania & STEM Camp (max 25 students)

For boys & girls entering 3rd—6th Grades

Campers will learn and use fun math concepts in a variety of hands-on activities. We will be building lots of 3D shape structures, measuring large objects using our shadows and mirrors, playing dice and card games, and much more! Supplies will be provided.

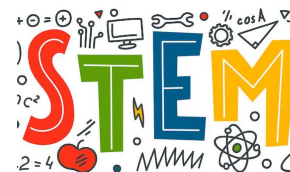
Director: Mr. Wade Hvizdak—Upper School Math Teacher
jhivzdak@gofcs.org

Dates: May 30—June 2

Hours: 9:00 am—12:00 pm

Location: Lower School Computer Room

Registration: \$140



CANCELED - Co-Ed Soccer Camp

For boys & girls entering 3rd—8th Grades

Campers will learn essential soccer skills. Skill development, stations, daily challenges, games, and team play will take place.

Director: Coach Jonathan Crawford
jcrawford@gofcs.org

Dates: June 5—9

Hours: 9:00am—12:00pm

Location: Upper School

Registration: \$165



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Soaring Eagles Track & Running Camp

For boys & girls entering 3rd–12th Grades

Whether your student is looking to gain a competitive edge or just have fun and stay active, this running camp is for them! We will incorporate games, challenges, and team-building activities as well as learn about proper running form, breathing, starts and block starts, finishes, nutrition, stretches, speed drills, endurance, proper running shoes, and more. The camp will end with an optional mock meet that parents are invited to attend! Ribbons and prizes will be awarded to the top runners in each group, with groups determined by age and ability. The camp theme is bringing glory to God through the strengths, gifts, and talents He's given us. Water bottle & sunglasses included.

Director: Mrs. Stephanie Wright & Mrs. Becky White - MS & Varsity Track Coaches
swright@gofcs.org



Dates: June 5th—9th
Registration: \$140

Hours: 4:00 pm—7:00 pm

FULL - FCS Animal Antics Art Camp **(max 20 students)**

For boys & girls entering 1st—6th Grades

Campers will learn about animals as they read and write about them, and will also learn to draw these animals step by step. Students will use crayons, colored pencils, chalk, watercolors, and more. The students will focus on three different animals each day! Includes a camp t-shirt and art supplies are provided. (Camp animals will be different each year.)

Director: Mrs. Laura Van Hulzen—Former FCS 1st Grade Teacher and current Director of Curriculum and Instruction
lvanhulzen@gofcs.org



Dates: June 5—9

Hours: 9:00am—12:00pm

Location: Lower School Art Room
Registration: \$165

FCS Fit-N-Fun Camp

For boys & girls entering 2nd—6th Grades

Campers will enjoy a fun-filled and action-packed week while engaging in various high-energy activities, sports, and games. Join the fun for a non-competitive, character-building, and encouraging environment. Friday will end with a “field day” camp party full of games, fun, and prizes. Camp includes a drawstring bag.

Director: Mrs. Stephanie Wright—FCS Lower School PE Teacher
swright@gofcs.org

Dates: June 12—16

Hours: 9:00am—12:00pm

Location: Lower School Gym
Registration: \$165



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FCS Multi-Sport Camp

For boys & girls entering 1st—6th Grades

Campers will be introduced to a variety of different sports. They will learn the rules and essentials of each sport through skill-based games and scrimmages. They will also learn vital life lessons such as respect, teamwork, and self-discipline. Includes a camp t-shirt.

Director: Coach Emily Thomas—US Director of Guidance & Middle School Girls
Basketball Coach
ethomas@gofcs.org

Dates: June 26—June 30

Hours: 9:00am—12:00pm

Location: Upper School Gym

Registration: \$165



NEW - Summer STEM Challenge Camp

For boys & girls entering 3rd—8th Grades

FCS High School STEM Club is proud to offer the summer STEM challenge. Campers will be mentored by the HS STEM students through various challenges, observations, games, and devotions each afternoon. Some challenges will include water bottle rockets, flinkers, bridge-building earthquake towers, and more. Your camp fee will help pay for materials and fund our teams' participation in events for the coming year. **(Campers attending the morning multi-sport camp may stay for a supervised lunchtime from 12:00-12:30. Those campers would need to bring their own lunch)**

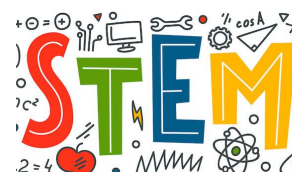
Dates: June 26 - 30

Hours 12:30pm-3:30pm

Location: Upper School - Mrs. Edge's Classroom

Registration: \$165

July



Girls Basketball Camp

For girls entering 4th—10th Grades

Campers will learn the basic skills of basketball and more advanced campers will be able to develop their skills with daily challenges, stations, games, and team play. Girls should come in practice clothes and athletic shoes. Includes a camp t-shirt.

Director: Coach Jeff Shaeffer - Head Varsity Girls Basketball Coach
jshaeffer@gofcs.org

Dates: July 10—14

Hours: 9:00am—3:00pm

Location: Upper School Gym
Registration: \$175



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Mirror, Mirror: I Now See Empowerment Camp For boys and girls entering 3rd—10th grade (max 30 students per session)

Campers will experience a time of self-esteem building, purpose discovery, spiritual awakening, fellowship, and fun! We will engage in various activities centering around themes pulled from the new Christian book *Mirror, Mirror: I Now See*. We will look into this spiritual mirror together and take a journey filled with music, discussion, games, activities, fun, and much more! This will be an experience prepared to help open the eyes of the campers to who God has called them to be. Camp materials include a signed book and journal.

Director: Mr. Joseph Henderson - Author of *Mirror, Mirror: I Now See*, FCS Substitute Teacher & Lower School Chapel Coordinator
jhenderson@gofcs.org

Dates: July 10—14; **Hours:** 9:00am – 12:00pm (3rd - 6th grade)
Hours: 1:00pm—4:00pm (7th - 10th)

Location: Lower School Computer Room
Registration \$100



CANCELED - FCS Swim Camp (minimum of 8 students and max of 16 students)

For boys and girls entering 5th—8th Grades

Campers will learn the fundamental skills of all 4 swim strokes and receive water safety instruction. Swim experience is encouraged, but not required.

Director: Coach Malia Meadows & Coach Chrissy DeMarr—FCS Swim Coaches
mmeadows@gofcs.org

Dates: July 17—20
Location: American Family Fitness (waiver required)
10020 Southpoint Pkwy, Fredericksburg, VA22407

Hours: 1:00pm—3:00pm

Registration: \$185 (higher price due to pool rental)



FCS Boys Basketball Camp

For boys entering 4th—9th Grades

Campers will learn essential basketball skills. Skill development, stations, daily challenges, games, and team play will take place. Includes a camp t-shirt.

Director: Coach David Morris—Varsity Boys Basketball Coach
dmorris@gofcs.org

Dates: July 17—21

Hours: 9:00am—3:00pm

Location: Upper School Main Gym
Registration: \$175



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FCS Poetry and Photography Camp (max 25 students)

For boys and girls entering 3rd—6th Grades

Campers will spend the week writing poems, making art, learning how to take photos, creating captions for photos, and building a photo book that will be available for pickup 2 weeks after the camp. Each student will get a copy of the book that the group creates as a class that features their poems, artwork, and photos.

Director: Mrs. Kristin Hvizdak—Upper School English Teacher
khvizdak@gofcs.org

Dates: July 17–21

Hours: 9:00am—12:00pm



Location: Upper School Yearbook Classroom
Registration: \$165

FCS Boys Football Camp

For boys entering 1st—8th Grades

Campers will learn the fundamentals of football. Individual position drills will be taught along with speed and agility drills. Campers will have the opportunity to implement new skills in 7-on-7 games and learn the importance of teamwork.

Option of half-day (recommended for 1st—3rd) or full day.

Director: FCS Football Coaches
ddearmas@gofcs.org

Dates: July 24—28 **Hours: 9:00am—12:00pm** **Registration: \$125**
9:00am—3:00pm **Registration: \$175**



Location: FCS Football Field

Girls Volleyball Camp

For girls entering 4th—10th Grades

Campers will learn essential volleyball skills. Individual attention will be given throughout the week to strengthen skills. Skill development, stations, daily challenges, games, and team play will take place. Includes a camp t-shirt.

Director: Coach Jeff Shaeffer—Varsity Girls Volleyball Coach
jshaeffer@gofcs.org

Dates: July 24—28

Hours: 9:00am—3:00pm



Location: Upper School Main Gym

Registration: \$175

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FULL - Creative Culinary Camp
(max 20 students)

For boys & girls entering 3rd—6th grades

Campers will spend the week learning how to cook a variety of delicious appetizers and desserts. Some tasty treats will include a variety of sliders, cookies, homemade brownies, cream puffs, a variety of dips and spreads, plus so much more. Camp food items will all be peanut and tree nut free items. Each student will receive a personalized apron! All leftovers will be sent home with students for parents to sample!

Director: Mrs. Kristin Hvizdak - Upper School English Teacher
khvizdak@gofcs.org

Dates: July 24—28

Hours: 11:00am—3:00pm



Location: Middle School Computer Room

Registration: \$165
