



Fredericksburg Christian School
Upper School Campus
9400 Thornton Rolling Road
Fredericksburg, VA 22408

Summer Camps

2020

FCS Summer Camps 2020

Sports Camps

FCS Cheer Camp

For girls entering 1st—6th Grades

Campers will learn a variety of cheerleading basics which will be showcased in a performance on the last day of camp. They will also participate in devotionals & crafts during the week! Girls should come in practice clothes, athletic shoes, with their hair up, and bring a snack and a water.

Director: Coach Amorey Plant—Varsity Girls Cheer Coach **Dates:** May 26 - 29 **Hours:** 9:00am—12:00pm **Registration:** \$100

FCS Girls Basketball Camp

For girls entering 4th - 9th Grades

Campers will learn the basic skills of basketball and more advanced campers will be able to develop their skills with daily challenges, stations, games, and team play. Girls should come in practice clothes, athletic shoes. Includes a camp t-shirt.

Director: Coach Joe Flores—Varsity Girls Basketball Coach **Dates:** June 8—12 **Hours:** 9:00am—3:00pm **Registration:** \$150

FCS Fit-N-Fun Camp

For boys and girls entering 1st - 6th Grades

Campers will enjoy a fun-filled, action packed week, while engaging in various high-energy activities, sports, and games. The campers will enjoy a fun, individualized, non-competitive, character-building, and encouraging environment. Includes a personalized water bottle, camp t-shirt, and healthy snack.

Director: Mrs. Stephanie Wright—FCS Lower School PE Teacher **Dates:** June 8—12 **Hours:** 9:00am—12:00pm **Registration:** \$150

FCS Co-ed Soccer Camp

For boys and girls entering 4th - 9th Grades

Campers will learn the basic skills of soccer and more advanced campers will be able to develop their skills with daily challenges, stations, games, and team play. Campers should come in practice clothes, cleats, and shin guards.

Director: Coach Mike Rose—Girls Varsity Soccer Coach **Dates:** June 15—19 **Hours:** 9:00am—3:00pm **Registration:** \$150

FCS Girls Softball Camp

For girls entering 4th—9th Grades

Campers will learn the basic skills of softball with drills, games, and team play. Individualized coaching allows the campers all to improve regardless of level. Girls should come in practice clothes and cleats.

Director: Coach Rodney Whittaker—Varsity Softball Coach **Dates:** July 7-9 **Hours:** 9:00am—12:00pm **Registration:** \$75

FCS Boys Basketball Camp

For boys entering 4th—9th Grades

Campers will learn essential basketball skills. Skill development, stations, daily challenges, games, and team play will take place. Includes a camp t-shirt.

Director: Coach Julian Bumbrey—Varsity Boys Basketball Coach **Dates:** July 13—17 **Hours:** 9:00am – 3:00pm **Registration:** \$150

FCS Girls Field Hockey

For girls entering 4th—9th Grades

Campers will learn a variety of field hockey skills through drills and games. Campers will also participate in a daily devotional. Girls should come in practice clothes, cleats, shin guards, and a mouth guard. Campers should also bring a field hockey stick. Includes a camp t-shirt.

Director: Coach Jody Scott—Varsity Girls Field Hockey Coach **Dates:** July 13—17 **Hours:** 9:00am – 3:00pm **Registration:** \$150

FCS Boys Football Camp

For boys entering 1st—8th Grades

Campers will learn the fundamentals of football. Individual position drills will be taught along with speed and agility drills. Campers will have the opportunity to implement new skills in 7-on-7 games and learn the importance of teamwork. Option of half day (recommended for 1st-3rd) or full day.

Director: FCS Football Coaches **Dates:** July 20 - 24 **Hours:** 9:00am – 3:00pm **Registration:** \$150
Dates: July 20 - 24 **Hours:** 9:00am—12:00pm **Registration:** \$100

FCS Girls Volleyball Camp

For girls entering 4th - 9th Grades

Campers will learn essential volleyball skills. Individual attention will be given throughout the week to strengthen skills. Skill development, stations, daily challenges, games, and team play will take place. Includes a camp t-shirt.

Director: Coach Jeff Shaeffer—Varsity Girls Volleyball Coach **Dates:** July 27 - 31 **Hours:** 9:00am - 3:00pm **Registration:** \$150

FCS Summer Camps 2020

Activity Camps

FCS Animal Antics Art Camp For boys and girls entering 1st - 6th Grades (max 20 students)

Campers will learn about animals as they read, write, and draw them step by step. Students will use crayons, colored pencils, chalk, watercolors, and more. The students will focus on three different animals each day! Includes a camp t-shirt and art supplies. (Camp animals will be different each year.)

Director: Mrs. Laura Van Hulzen—former FCS 1st Grade Teacher and current Director of Curriculum and Instruction

Dates: June 1—5

Hours: 9:00am - 12:00pm

Registration: \$150

FCS Beginning Piano Camp For boys and girls entering 2nd—4th Grades (max 8 students)

Campers will learn the basic skills of playing the piano and enjoy music games. Each young person will learn songs with the group and independently. Parents will be invited to a mini recital at the end of the week. Campers will need to bring a portable piano of at least 15 full-sized keys. If you have ever wanted to learn piano, this camp is for you!

Director: Ms. Katie Kulp—FCS Music Teacher

Dates: June 15—19

Hours: 9:00am - 12:00pm

Registration: \$100

FCS Science Camp For boys and girls entering 3rd—6th Grades (max 16 students)

Campers will do a series of fun experiments and discuss the science behind each one. They will also explore the chemistry of some fun snacks that will be made in the lab. Recipes of food items can be provided for campers with food allergies. Includes all supplies.

Director: Mrs. Cheryl Turner—FCS Chemistry Teacher

Dates: July 6—10

Hours: 9:00am - 12:00pm

Registration: \$150

FCS Sewing for Beginners For girls entering 6th - 12th Grades (max 6 students)

Students will have fun learning or brushing up on hand and machine sewing skills. All new projects this year include: Sunglasses Case, Beach Bag and Swimsuit Cover-up. Fee includes all materials and a small sewing kit.

Director: Mrs. Melinda Cockrell—Current FCS Parent & Former FCS Faculty Member

Dates: July 13—17

Hours: 9:00am - 12:30pm

Registration: \$150

FCS Culinary Kids Camp For boys and girls entering 1st—6th Grades (max 20 students)

Campers will enjoy a hands-on educational experience, where they will be cooking up fun eats and treats all week long. Each day will focus on a new exciting theme, and a fun and tasty dish/dessert. Campers will learn the basics of cooking and baking, while being introduced to kitchen and food safety. A full menu with ingredients & theme schedule will be provided before the first day of camp. The last day of camp will include a fun, low-pressure version of Chopped! Includes all supplies, as well as a Chef hat and apron.

Director: Mrs. Stephanie Wright—FCS Lower School PE Teacher & Mrs. Lottie Bachman, FCS Teacher

Dates: July 20—24

Hours: 9:00am - 12:00pm

Registration: \$150

FCS Spanish Camp For boys and girls entering 3rd—5th Grades (max 16 students)

Campers will acquire an introductory level of the Spanish language while also learning about the festivals and culture of the beautiful country of Spain. Includes a camp t-shirt.

Director: Mr. Raul Soriano—FCS Lower School After Care Director & Mrs. Whitney Soriano FCS Upper School Spanish and Computer Teacher

Dates: July 27—31

Hours: 9:00am - 12:00pm

Registration: \$125

Select Camp(s)

Please Note: Cost varies per camp. Please reference the camp list for pricing details. Campers need to pack their own lunches and water bottles for full-day camps.

<input type="checkbox"/> May 26-29	FCS Cheer Camp	\$100	Rising 1 st -6 th grade girls
<input type="checkbox"/> June 1-5	FCS Animal Antics Camp	\$150	Rising 1 st -6 th graders
<input type="checkbox"/> June 8-12	FCS Girls Basketball Camp	\$150	Rising 4 th -9 th grade girls
<input type="checkbox"/> June 8-12	FCS Fit-N-Fun Camp	\$150	Rising 1 st -6 th graders
<input type="checkbox"/> June 15-19	FCS Co-ed Soccer Camp	\$150	Rising 4 th -9 th graders
<input type="checkbox"/> June 15-19	FCS Beginning Piano Camp	\$100	Rising 2 nd -4 th graders
<input type="checkbox"/> July 6-10	FCS Science Camp	\$150	Rising 3 rd - 6 th graders
<input type="checkbox"/> July 7-9	FCS Girls Softball	\$75	Rising 4 th -9 th grade girls
<input type="checkbox"/> July 13-17	FCS Boys Basketball Camp	\$150	Rising 4 th -9 th grade boys
<input type="checkbox"/> July 13-17	FCS Sewing Camp	\$150	Rising 6 th -12 th grade girls
<input type="checkbox"/> July 13-17	FCS Girls Field Hockey Camp	\$150	Rising 4 th -9 th grade girls
<input type="checkbox"/> July 20-24	FCS Boys Football Camp (Full)	\$150	Rising 1 st -8 th grade boys
<input type="checkbox"/> July 20-24	FCS Boys Football Camp (Half)	\$100	Rising 1 st -3 rd grade boys
<input type="checkbox"/> July 20-24	FCS Culinary Kids Camp	\$150	Rising 1 st -6 th graders
<input type="checkbox"/> July 27-31	FCS Girls Volleyball Camp	\$150	Rising 4 th -9 th grade girls
<input type="checkbox"/> July 27-31	FCS Spanish Camp	\$125	Rising 3 rd -5 th graders

Total registration amount enclosed: \$ _____

Please make all checks payable to: Fredericksburg Christian School. Return completed form and payment to FCS Upper School Business Office.

Location of all camps: FCS Upper School 9400 Thornton Rolling Road Fredericksburg, VA 22408

One form per camper will need to be filled out. Once you have selected your camp(s) above, please fill out the entire form on the next page.

Camp registration payments are non-refundable unless a camp is cancelled due to lack of interest. If students cannot attend, refunds cannot be given.

FCS Summer Camp 2020—Registration Form

Please complete a form for each child & return to the FCS Upper School Office

Please select camps from previous page.

Child's Name _____ Grade in Fall _____

Address _____

City _____ State _____ Zip _____

Some camps provide t-shirts. Please mark child's size:

YS YM YL AS AM AL AXL AXXL

Parents' Names: _____

Parent Contacts: Work _____ Home _____

Cell _____ Email _____

Medical Treatment Form

List any medical conditions that camp staff should be aware of (use additional pages if necessary & attach to this form).

List any medications currently taking _____ List Allergies _____

Medical Insurance _____ Policy #: _____

Emergency Contact Name (Person other than parent/guardian who can be immediately contacted)

Name: _____ Phone #: _____

Waiver of Liability Release

I hereby give my permission for FCS camp staff to seek any needed medical treatment for my child while he/she is attending an FCS camp. I specifically give my permission for necessary and emergency care to be given to _____ by Mary Washington Hospital and other medical treatment providers. I understand that emergency medical costs are my sole responsibility and not the responsibility of Fredericksburg Christian School. I, on behalf of my child, hereby assume risk and release and agree to hold FCS and its personnel harmless for personal injury or damage relating to camps, except where the injury or damage is caused by the gross negligence of FCS personnel. FCS is not responsible for lost property.

Sports Camp

I attest that my child has had a physical within the last twelve months and that the physical disclosed no medical conditions other than those listed above that would make participation in this sports camp a risk. I also hereby acknowledge that participation in a sports camp and related activities is at the sole discretion and judgment of the parent or guardian and involves an inherent risk of personal injury.

Refund Policy

Camp registration payments are non-refundable unless a camp is cancelled due to lack of interest. If students cannot attend, refunds cannot be given.

Parent's Signature _____ Date _____