

FCS Summer Camp 2019—Registration Form

Please complete a form for each child & return to the FCS Upper School Office
Please select camps from previous page.

Child's Name _____ Grade in Fall _____

Address _____

City _____ State _____ Zip _____

Some camps provide t-shirts. Please mark your size:

YS YM YL YXL AS AM AL AXL AXXL

Parents' Names: _____

Parent Contacts: Work _____ Home _____

Cell _____ Email _____

Medical Treatment Form

List any medical conditions that camp staff should be aware of (use additional pages if necessary & attach to this form).

List any medications currently taking _____

List Allergies _____

Medical Insurance _____ Policy #: _____

Emergency Contact (If different than parents' information, please give details.)

Name: _____ Phone #: _____

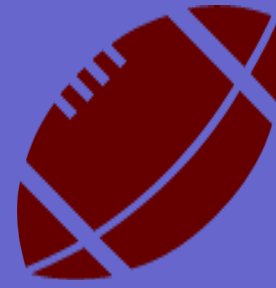
Waiver of Liability Release

I hereby give my permission for FCS camp staff to seek any needed medical treatment for my child while he/she is attending an FCS camp. I specifically give my permission for necessary and emergency care to be given to _____ by Mary Washington Hospital and other medical treatment providers. I understand that emergency medical costs are my sole responsibility and not the responsibility of Fredericksburg Christian School. I, on behalf of my child, hereby assume risk and release and agree to hold FCS and its personnel harmless for personal injury or damage relating to camps, except where the injury or damage is caused by the gross negligence of FCS personnel. FCS is not responsible for lost property.

Sports Camp

I attest that my child has had a physical within the last twelve months and that the physical disclosed no medical conditions other than those listed above that would make participation in this sports camp a risk. I also hereby acknowledge that participation in a sports camp and related activities is at the sole discretion and judgment of the parent or guardian and involves an inherent risk of personal injury.

Parent's Signature _____ Date _____



FCS SUMMER CAMPS 2019

FCS Summer Camps 2019 Sports Camps

FCS Cheer Camp For girls entering 1st—6th Grades

Campers will learn a variety of cheerleading basics which will be showcased in a performance on the last day of camp. They will also participate in devotionals & crafts during the week! Girls should come in practice clothes, athletic shoes, with their hair up, and bring a snack and a water bottle.

Director: Coach Amorey Plant, Varsity Cheer Coach

Dates: May 28 - May 31 Hours: 9:00am - 12:00pm Registration: \$100

FCS Girls Basketball Camp For girls entering 4th - 9th Grades

Campers will learn the basic skills of basketball and more advanced campers will be able to develop their skills with daily challenges, stations, games, and team play. Girls should come in practice clothes, athletic shoes. Includes a camp t-shirt.

Director: Coach Joe Flores, Varsity Girls Basketball Coach

Dates: June 10 – 14 Hours: 9:00am – 3:00pm Registration: \$150

FCS Girls Soccer Camp For girls entering 4th - 9th Grades

Campers will learn the basic skills of soccer and more advanced campers will be able to develop their skills with daily challenges, stations, games, and team play. Girls should come in practice clothes, cleats, and shin guards.

Director: Coach Mike Rose—Girls Varsity Soccer Coach

Dates: June 17 - 21 Hours: 9:00am-3:00pm Registration: \$150

FCS Girls Softball Camp For girls entering 4th—9th Grades

Campers will learn the basic skills of softball with drills, games, and team play. Individualized coaching allows the campers all to improve regardless of level. Girls should come in practice clothes and cleats.

Director: Coach Rodney Whittaker—Varsity Girls Softball Coach

Dates: July 9-11 Hours: 9:00am - 12:00pm Registration: \$75

FCS Boys Basketball Camp For boys entering 4th—9th Grades

Campers will learn essential basketball skills. Skill development, stations, daily challenges, games, and team play will take place.

Director: Coach Julian Bumbrey—Head Varsity Boys Basketball Coach

Dates: July 15-19 Hours: 9:00am – 3:00pm Registration: \$150

FCS Girls Field Hockey For girls entering 4th—9th Grades

Campers will learn a variety of field hockey skills through drills and games. Campers will also participate in a daily devotional. Girls should come in practice clothes, cleats, shin guards, and a mouth guard. Campers should also bring a field hockey stick. Includes a camp t-shirt.

Director: Coach Jody Scott—Head Varsity Girls Field Hockey Coach

Dates: July 15-19 Hours: 9:00am – 12:00pm Registration: \$100

FCS Boys Football Camp For boys entering 1st - 8th Grades

Campers will learn the fundamentals of football. Individual position drills will be taught along with speed and agility drills. Campers will have the opportunity to implement new skills in 7-on-7 games and learn the importance of teamwork. Option of half day (recommended for 1st-3rd) or full day.

Director: FCS Football Coaches

Dates: July 22-26 Hours: 9:00am – 3:00pm Registration: \$150
 Hours: 9:00am—12:00pm Registration: \$100

FCS Girls Volleyball Camp For girls entering 4th - 9th Grades

Campers will learn essential volleyball skills. Individual attention will be given throughout the week to strengthen skills. Skill development, stations, daily challenges, games, and team play will take place.

Director: Coach Jeff Shaeffer - Head Varsity Girls Volleyball Coach

Dates: July 29 - August 2 Hours: 9:00am - 3:00pm Registration: \$150

FCS Summer Camps 2019 Activity Camps

FCS Animal Antics Art Camp For boys and girls entering 1st - 6th Grades (max 20 students)

Campers will learn about animals as they read, write, and draw them step by step. Students will use crayons, colored pencils, chalk, watercolors, and more. The students will focus on three different animals each day! Includes a t-shirt and art supplies. (Camp animals will be different each year.)

Director: Mrs. Laura Van Hulzen – former FCS First Grade Teacher and current Director of Curriculum and Instruction

Dates: June 3 - 7 Hours: 9:00am - 12:00pm Registration: \$150

FCS Science Camp For boys and girls entering 3rd—6th Grades (max 16 students)

Campers will do a series of fun experiments and discuss the science behind each one. They will also explore the chemistry of some fun snacks that will be made in the lab. Recipes of food items can be provided for campers with food allergies. Includes all supplies.

Director: Mrs. Cheryl Turner, FCS Chemistry Teacher

Dates: July 8-12 Hours: 9:00am - 12:00pm Registration: \$150

FCS Sewing for Beginners For girls entering 6th - 12th Grades (max 6 students)

Campers will learn basic hand-sewing skills and how to use a sewing machine. Projects include: Create Your Own Creature, Swag Bag, and Lounging around Shorts. Fee includes all materials, a small sewing kit, and a light snack each day. Campers should bring a pair of fabric scissors.

Director: Mrs. Melinda Cockrell, FCS Parent and Former Faculty Member

Dates: July 8-12 Hours: 9:00am - 12:00pm Registration: \$150

Select Camp(s)

Please Note: Cost varies per camp. Please reference the camp list for pricing details. Campers need to pack their own lunches and water bottles for full-day camps.

- | | |
|--|--|
| <input type="checkbox"/> May 28-31 | FCS Cheer Camp — Rising 1 st -6 th grade girls |
| <input type="checkbox"/> June 3-7 | FCS Animal Antics Camp — Rising 1 st -6 th graders |
| <input type="checkbox"/> June 10-14 | FCS Girls Basketball Camp — Rising 4 th -9 th grade girls |
| <input type="checkbox"/> June 17-21 | FCS Girls Soccer Camp — Rising 4 th -9 th grade girls |
| <input type="checkbox"/> July 8-12 | FCS Science Camp — Rising 3 rd - 6 th graders |
| <input type="checkbox"/> July 8-12 | FCS Sewing Camp — Rising 6 th -12 th grade girls |
| <input type="checkbox"/> July 9-11 | FCS Girls Softball — Rising 4 th -9 th grade girls |
| <input type="checkbox"/> July 15-19 | FCS Boys Basketball Camp — Rising 4 th -9 th grade boys |
| <input type="checkbox"/> July 15-19 | FCS Girls Field Hockey Camp — Rising 4 th -9 th grade girls |
| <input type="checkbox"/> July 22-26 | FCS Boys Football Camp — FULL Day |
| <input type="checkbox"/> July 22-26 | FCS Boys Football Camp — HALF DAY |
| <input type="checkbox"/> July 29-Aug 2 | FCS Girls Volleyball Camp — Rising 4 th -9 th grade girls |

Total registration amount enclosed: \$ _____

Please make all checks payable to: Fredericksburg Christian School

Please return completed form and payment to FCS Upper School Business Office.

Location of all camps:

FCS Upper School
9400 Thornton Rolling Road
Fredericksburg, VA 22408

One form per camper will need to be filled out.

Once you have selected your camp(s) above, please fill out the entire form on the next page.