

# FCS

ATHLETICS

## Summer Camps 2017



### **FCS Girls Softball Camp For girls entering 4th—8th Grades**

Campers will learn the basic skills of softball and more advanced campers will be able to develop their skills with daily challenges, stations, games, and team play. Individualized coaching allows the campers all to improve regardless of level. Includes t-shirt, ribbon, snacks and drinks.

Director: Coach Peerbolte—Head Varsity Girls Softball Coach

Dates: June 5-7 Hours: 9:00am - 12:00pm Registration: \$150

### **FCS Animal Antics Camp For boys and girls entering 1st - 6th Grades**

Campers will learn about animals as they read, write, and draw them step by step. Students will use crayons, colored pencils, chalk, watercolors and more. The students will focus on three different animals each day! Includes a t-shirt and art supplies. (Camp animals will be different.)

Director: Mrs. Laura Van Hulzen – former FCS First Grade Teacher and current Curriculum Coordinator

Dates: June 5-9 Hours: 9:00am - 12:00pm Registration: \$150

### **FCS Boys Football Camp For boys entering 4th - 8th Grades**

Campers will learn the fundamentals of football. Individual position drills will be taught along with speed and agility drills. Campers will have the opportunity to implement new skills in 7-on-7 games and learn the importance of teamwork.

Director: FCS Football Coaches

Dates: June 12-16 Hours: 9:00am – 3:00pm Registration: \$150

### **FCS Girls Basketball Camp For girls entering 4th—8th Grades**

Campers will learn the basic skills of basketball and more advanced campers will be able to develop their skills with daily challenges, stations, games, and team play. Individualized coaching allows the campers all to improve regardless of level. Includes t-shirt, ribbon, snacks and drinks.

Director: Coach Joe Flores, JV/HS Girls Basketball Coach

Dates: June 12-16 Hours: 9:00am – 3:00pm Registration: \$150

### **FCS Cheer Camp For girls entering 1st—6th Grades**

Girls will learn a variety of cheerleading basics which will be showcased in a performance on the last day of camp. They will also participate in devotionals & crafts during the week! 6<sup>th</sup> - 8<sup>th</sup> grade girls will learn more advanced skills and prepare and perform a competition type routine on the last day of camp. Girls should come in practice clothes, athletic shoes, with their hair up, and must bring a snack and a water bottle.

Director: Coach Amorey Plant, Varsity Cheer Coach

Dates: June 19-23 Hours: 9:00am - 12:00pm Registration: \$150

### **FCS Girls Soccer Camp For girls entering 5th—10th Grades**

Campers will learn the basic skills of soccer and more advanced campers will be able to develop their skills with daily challenges, stations, games, and team play. Individual coaching allows the campers to improve regardless of level.

Director: Coach Mike Rose—Girls MS Soccer Coach

Dates: Jun 19-23 Hours: 9:00am-3:00pm Registration: \$150

### **FCS Boys Basketball Camp For boys entering 4th—9th Grades**

Campers will learn essential basketball skills. Individual attention will be given throughout the week to strengthen skills. Skill development, stations, daily challenges, games and team play will take place.

Director: Coach Cris Hairston—Head Varsity Boys Basketball Coach

Dates: July 10-14 Hours: 9:00am – 3:00pm Registration: \$150

### **FCS Girls Volleyball Camp For girls entering 4th - 9th Grades**

Campers will learn essential volleyball skills. Individual attention will be given throughout the week to strengthen skills. Skill development, stations, daily challenges, games and team play will take place.

Director: Coach Shaeffer - Head Varsity Girls Volleyball Coach

Dates: July 31 – Aug. 4<sup>th</sup> Hours: 9:00am - 4:00pm Registration: \$150

### **FCS STEAM Camp For boys and girls entering 2nd –5th Grades**

STEAM stands for science, engineering, art, and math. Campers will have the chance to use their minds creatively to build, discover, and explore! There will be time to work with friends, learn from others, and stretch themselves! Includes a snack and drink.

Director: Mrs. Brianna Wilson—Stafford Campus Teacher

Dates: June 12-16 (Students grades 2-3) and June 19-23 (Students entering grades 4-5)

Hours: 9:00am-12pm

Registration: \$150

# FCS Summer Camp 2017

## Registration Form

Please complete a form for each child & return to the FCS Upper School Office

Child's Name \_\_\_\_\_ Grade in Fall \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Some camps provide t-shirts. Please mark your size:

YS YM YL YXL AS AM AL AXL AXXL

Phone Numbers: Work \_\_\_\_\_ Home \_\_\_\_\_

Cell \_\_\_\_\_ Email \_\_\_\_\_

Parents' Names \_\_\_\_\_

### Select a Camp

*Please Note: Cost varies per camp based on registration date. Please reference the camp list for pricing details. Campers need to pack their own lunches and water bottles for full-day camps.*

- June 5-7 FCS Girls Softball Camp – Upcoming 4<sup>th</sup>-8<sup>th</sup> grade girls
- June 5--9 FCS Animal Antics Camp — Upcoming 1<sup>st</sup>-6<sup>th</sup> graders
- June 12-16 FCS Boys Football Camp— Upcoming 4<sup>th</sup>-8<sup>th</sup> grade boys
- June 12-16 FCS Girls Basketball Camp — Upcoming 4<sup>th</sup>-8<sup>th</sup> grade girls
- June 19-23 FCS Cheer Camp — Upcoming 1<sup>st</sup>-6<sup>th</sup> grade girls
- June 19-23 FCS Girls Soccer Camp— Upcoming 6<sup>th</sup>-10<sup>th</sup> grade girls
- July 10-14 FCS Boys Basketball Camp— Upcoming 4<sup>th</sup>-9<sup>th</sup> grade boys
- July 31-Aug 4 FCS Girls Volleyball Camp — Upcoming 4<sup>th</sup>-9<sup>th</sup> grade girls
- June 12-16 FCS STEAM Camp—Upcoming 2nd-3rd graders
- June 19-23 FCS STEAM Camp—Upcoming 4th-5th graders

Total registration amount enclosed: \$ \_\_\_\_\_

Please make all checks payable to: Fredericksburg Christian School

Please return completed form and payment to FCS Upper School Business Office

Location of all camps:

FCS Upper School  
9400 Thornton Rolling Road  
Fredericksburg, VA 22408

[Medical Treatment Form and Waiver of Liability Release on the reverse side]

## Medical Treatment Form

List any medical conditions that camp staff should be aware of (use additional pages if necessary & attach to this form).

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List any medications currently taking \_\_\_\_\_

List Allergies \_\_\_\_\_

Medical Insurance \_\_\_\_\_ Policy #: \_\_\_\_\_

Emergency Contact (If different than parents' information, please give details.)

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

## Waiver of Liability Release

I hereby give my permission for FCS camp staff to seek any needed medical treatment for my child while he/she is attending an FCS camp. I specifically give my permission for necessary and emergency care to be given to

\_\_\_\_\_  
(name of child)

by Mary Washington Hospital and other medical treatment providers. I understand that emergency medical costs are my sole responsibility and not the responsibility of Fredericksburg Christian School. I, on behalf of my child, hereby assume risk and release and agree to hold FCS and its personnel harmless for personal injury or damage relating to camps, except where the injury or damage is caused by the gross negligence of FCS personnel. FCS is not responsible for lost property.

## Sports Camp

I attest that my child has had a physical within the last twelve months and that the physical disclosed no medical conditions other than those listed above that would make participation in this sports camp a risk. I also hereby acknowledge that participation in a sports camp and related activities is at the sole discretion and judgment of the parent or guardian and involves an inherent risk of personal injury.

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_