

FCS

ATHLETICS

Summer Camps 2016



FCS Animal Antics Camp

For boys and girls entering 1st - 6th Grades

Campers will learn about animals as they read, write and draw them step-by-step. Students will use crayons, colored pencils, watercolors and more. The students will focus on three different animals each day! Includes t-shirt and art supplies.

Director: Mrs. Laura VanHulzen - FCS Curriculum Coordinator and former

Dates: 6/6-6/10 first grade teacher

Cost: \$150.00 **Hours:** 9:00 a.m. - 12:00 p.m.

FCS Girls Basketball Camp

For girls entering 4th—8th Grades

Campers will learn the basic skills of basketball and more advanced campers will be able to develop their skills with daily challenges, stations, games, and team play. Individualized coaching allows the campers all to improve regardless of level. Includes a t-shirt.

Director: Coach Emily Thomas— Guidance Counselor, Basketball Coach

Dates: 6/13-6/17 **Hours:** 9:00 a.m. - 3:00 p.m.

Cost: \$150.00

FCS Girls Soccer Camp

For girls entering 6th—10th Grades

Campers will learn the basic skills of soccer and more advanced campers will be able to develop their skills with daily challenges, stations, games, and team play. Individual coaching allows the campers to improve regardless of level.

Director: Coach Mike Rose—Soccer Coach

Dates: 6/20-6/24 **Hours:** 9:00 a.m.-3:00 p.m.

Cost: \$150.00

FCS Boys Basketball Camp

For boys entering 4th - 8th Grades

Campers will learn the fundamentals of basketball. Individual attention will be given throughout the week to strengthen skills. Skill development, stations, daily challenges, games and team play will take place.

Director: Coach Jeff Shaeffer—Basketball Coach

Dates: 7/11-7/15 **Hours:** 9:00 a.m. - 3:00 p.m.

Cost: \$150.00

FCS Cheer Camp

For girls entering 1st–5th Grades

Girls will learn a variety of cheerleading basics which will be showcased in a performance on the last day of camp. They will also participate in devotionals during the week! Girls should come in practice clothes, athletic shoes, with their hair up, and must bring a snack and a water bottle.

Director: Coach Amorey Plant - Cheer Coach

Dates: 7/18-7/22 **Hours:** 9:00 a.m. - 12:00 p.m.

Cost: \$150.00

FCS Girls Volleyball Camp

For girls entering 4th - 10th Grades

Campers will learn essential volleyball skills. Individual attention will be given throughout the week to strengthen skills. Skill development, stations, daily challenges, games and team play will take place.

Director: Coach Jeff Shaeffer - Varsity Girls Volleyball Coach

Dates: 8/1-8/5 **Hours:** 9:00 a.m. - 3:00 p.m.

Cost: \$150.00

FCS Summer Camp 2016

Registration Form

Please complete a form for each child & return to the FCS Upper School Office

Child's Name _____ Grade in Fall _____

Address _____

City _____ State _____ Zip _____

Some camps provide t-shirts. Please mark your size:

YS YM YL YXL AS AM AL AXL AXXL

Phone Numbers: Work _____ Home _____

Cell _____ Email _____

Parents' Names _____

Select a Camp

Please Note: Cost varies per camp based on registration date. Please reference the camp list for pricing details. Campers need to pack their own lunches and water bottles for full-day camps.

- | | | |
|--------------------------|----------------|------------------------------------------------------------------|
| <input type="checkbox"/> | June 6 - 10th | FCS Animal Antics Camp — Upcoming 1st-6th graders |
| <input type="checkbox"/> | June 13- 17th | FCS Girls Basketball Camp — Upcoming 4th-8th grade girls |
| <input type="checkbox"/> | June 20- 24th | FCS Girls Soccer Camp — Upcoming 6th-10th grade girls |
| <input type="checkbox"/> | July 11 -15th | FCS Boys Basketball Camp — Upcoming 4th-8th grade boys |
| <input type="checkbox"/> | July 18 - 22nd | FCS Cheer Camp — Upcoming 1st-5th grade girls |
| <input type="checkbox"/> | August 1-5th | FCS Girls Volleyball Camp — Upcoming 4th-10th grade girls |

Total registration amount enclosed: \$ _____

Please make all checks out to: **Fredericksburg Christian School**
Please return completed form and payment to **FCS Upper School Business Office**

Location of all camps: FCS Upper School
9400 Thornton Rolling Road
Fredericksburg, VA 22408

[**Medical Treatment Form** and **Waiver of Liability Release** on the reverse side]

Medical Treatment Form

List any medical conditions that camp staff should be aware of (use additional pages if necessary & attach to this form).

List any medications currently taking _____

List Allergies _____

Medical Insurance _____ Policy #: _____

Emergency Contact (If different than parents' information, please give details.)

Name: _____ Phone #: _____

Waiver of Liability Release

I hereby give my permission for FCS camp staff to seek any needed medical treatment for my child while he/she is attending an FCS camp. I specifically give my permission for necessary and emergency care to be given to

(name of child)

by Mary Washington Hospital and other medical treatment providers. I understand that emergency medical costs are my sole responsibility and not the responsibility of Fredericksburg Christian School. I, on behalf of my child, hereby assume risk and release and agree to hold FCS and its personnel harmless for personal injury or damage relating to camps, except where the injury or damage is caused by the gross negligence of FCS personnel. FCS is not responsible for lost property.

Sports Camp

I attest that my child has had a physical within the last twelve months and that the physical disclosed no medical conditions other than those listed above that would make participation in this sports camp a risk. I also hereby acknowledge that participation in a sports camp and related activities is at the sole discretion and judgment of the parent or guardian and involves an inherent risk of personal injury.

Parent's Signature _____ Date _____